

CBI Café
Congregation B'nai Israel
253 Prospect Street
Northampton, MA 01060

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COFFEE, LEARNING, INSPIRATION

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CBI CAFÉ

· Spring Menu ·

CBI CAFÉ



Sundays, 9:15 a.m.–noon · April 23 through May 21 · All are welcome!



Welcome to CBI Café, a Sunday-morning gathering with lively and friendly conversation, engaging ideas and teachings, and experiences to renew body, heart and soul. Enjoy a warm welcome, good coffee, pastries and the Sunday papers. Feel free to take a class with our rabbis, work on our organic farm, hear a book talk and more.

FOOD

Coffee

Selection of gourmet coffees and specialty teas. Free

Treats

Assorted kosher pastries and fruit. Free

CLASSES

Talmudic Sources on Jewish Identity

Sundays, 9:45–10:45

Join Rabbi Justin David in exploring stories and discussions from the Talmud on what it means to be a Jew. These topics arose for him last year as he hiked the Israel National Trail. Topics will include our relationship to beauty, faith and doubt, the role of Hebrew, outside vs. inside and more.

DIY Skills for Teens:

Sundays, 10:00–noon

Baking Bread, Making Herbal Medicine and Eating Wild Plants

April 23 and 30: Make sourdough bread from scratch, from capturing wild yeast to baking in a wood-fired earth oven. With Jonathan Dubinsky

May 7 and 21: Turn local plants into medicine, including salves, teas, and tinctures. With herbalist Chana Laila

May 14: Harvest edible weeds on a walk with author and master forager Blanche Derby

Open to all teens. Attendance at the entire series is strongly encouraged.

INVITED LECTURES AND EVENTS

Walter and Henry

April 23, 11:00–12:15

Viewing and discussion of Keith Oppenheim's 1988 film based on his father and uncle's recollections of their childhoods in Nazi Germany, their arrival in the U.S. in 1938, and what it meant to become American citizens. Discussion will be led by Adele Oppenheim.

The History of 253 Prospect Street

April 30, 11:00–noon

Laurie Sanders, naturalist and co-director of Historic Northampton, will present on the natural and cultural history of the plot of land upon which CBI is currently located, formerly the site of the "Alms House," a refuge for local residents in need of shelter, food, and other services.

First Thank All the Lawyers

May 7, 11:00–noon

CBI member Jennifer Taub (Professor, Vermont Law School) will lead a discussion on how during the tumultuous beginning of the current presidential administration, lawyers are striving to both fight against corruption and protect our basic civil rights. She will also discuss how we can emotionally, spiritually, and politically navigate in uncharted territory.

Food Justice Presentation

May 14, 10:45–11:15

Hear from CBI's teen food justice interns about their impressive work over the past year. These passionate high school students will share their experience with food justice, political activism, and direct service work.

Growing Food for Healing and Justice

May 14, 11:15–12:15

Join us for this conversation on food justice and social change with Liz Wills-O'Gilvie, Chair of the Gardening The Community board. Liz has worked on the food system, public health and community building across racial and socio-economic lines for over 25 years.

Hiking the Israel Trail: An Incomplete Journey

May 21, 9:45–11:15

Rabbi David will share photos, stories and half-baked insights from his 3-week trek on the Israel National Trail. Beginning in the Golan Heights and ending on a beach in Caesaria, praying in an ancient synagogue, the experience profoundly affected how he saw himself as a Jew and as a citizen of the world, with the Trail taking on a life of its own.

For more information, please contact Rabbi Justin David at rabbij@cbinorthampton.org.